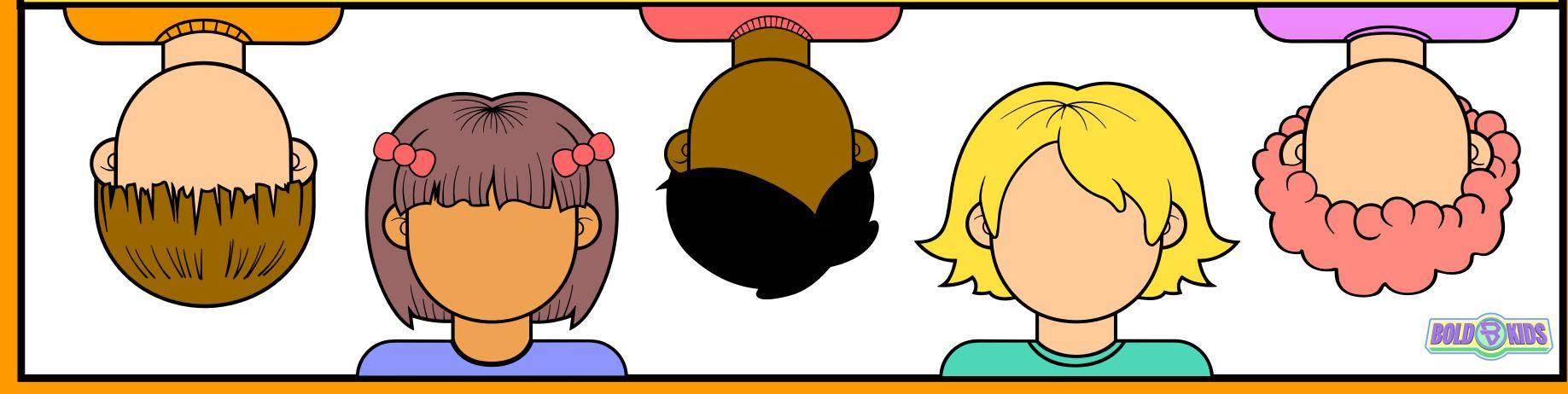
## IDENTIFICATIONS EMOTIONS

Ages 6-9 years



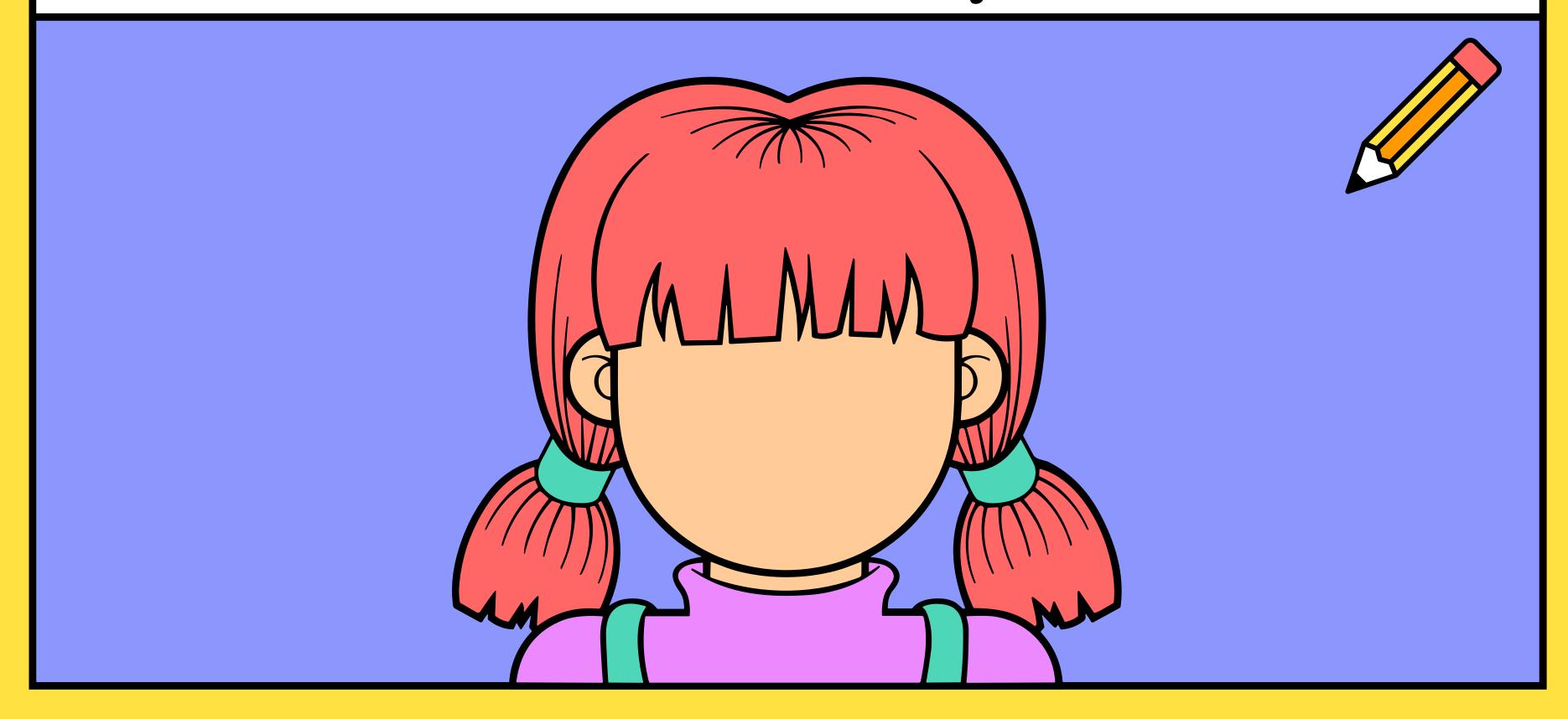
For Older Kids (Ages 6–9):

Oraw the face and brainstorm situations!

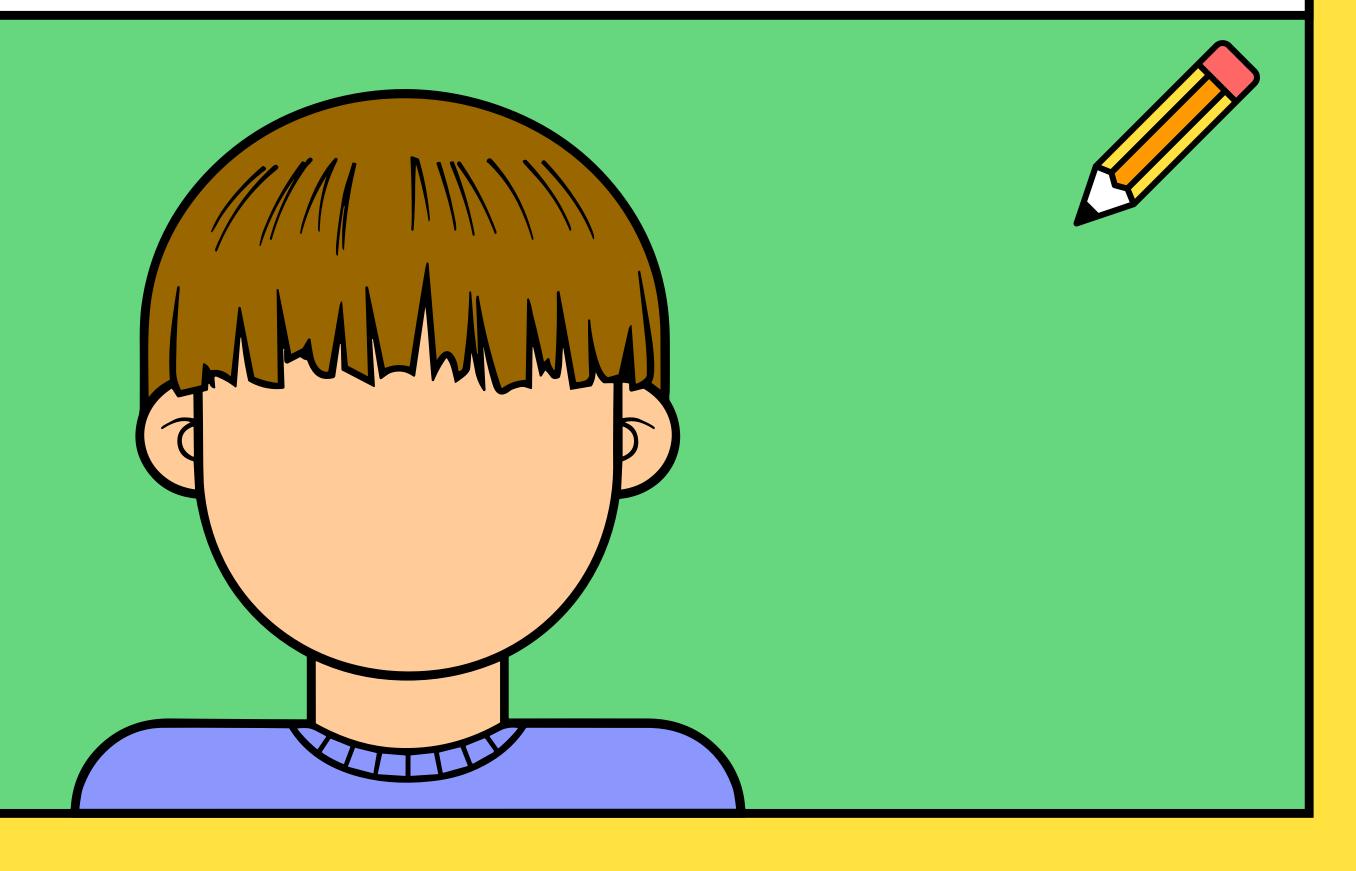
- First, draw a face to match the emotion (happy, angry, scared, etc.).
  Then, brainstorm situations where they might feel that way, like:
- - "What makes you feel happy?"
    "What could make you feel nervous?"



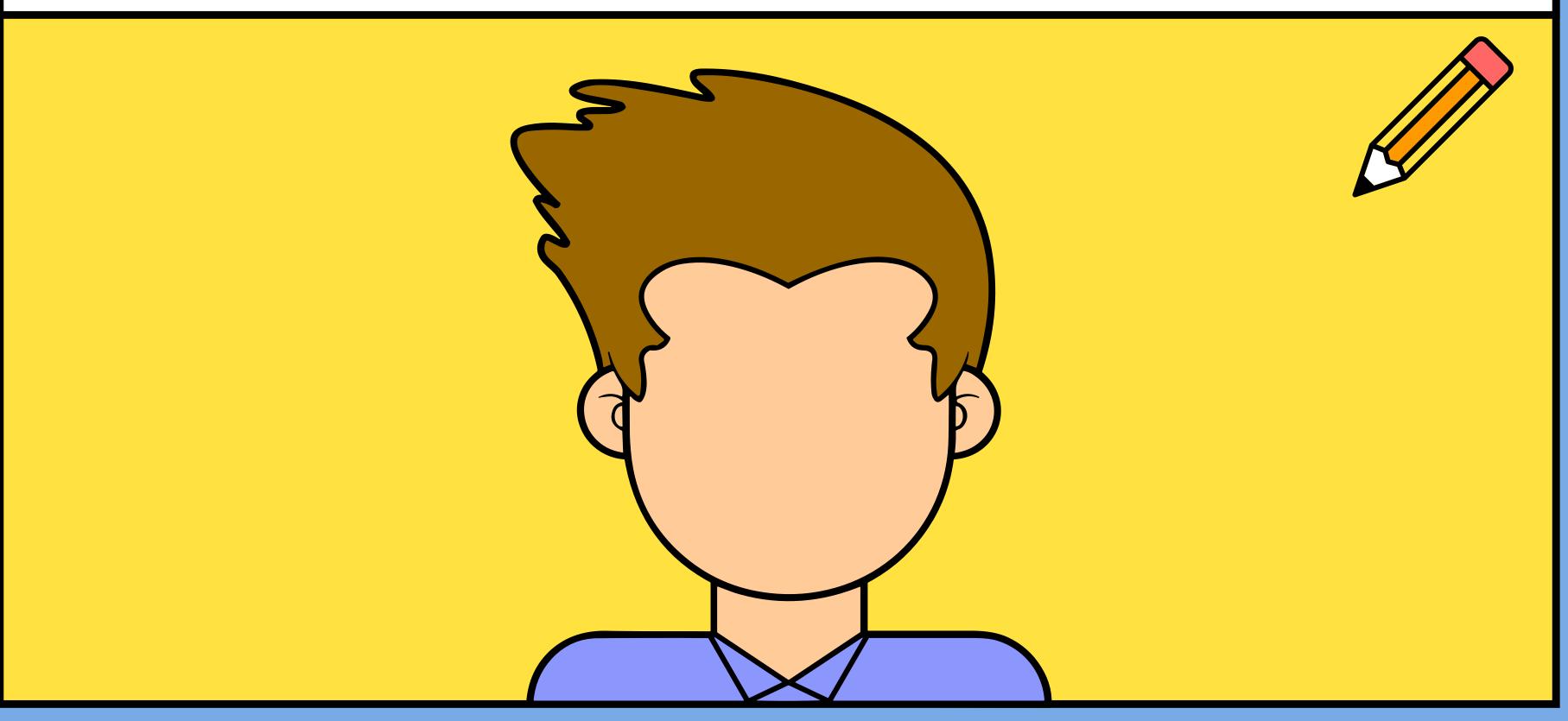
### I feel angry.



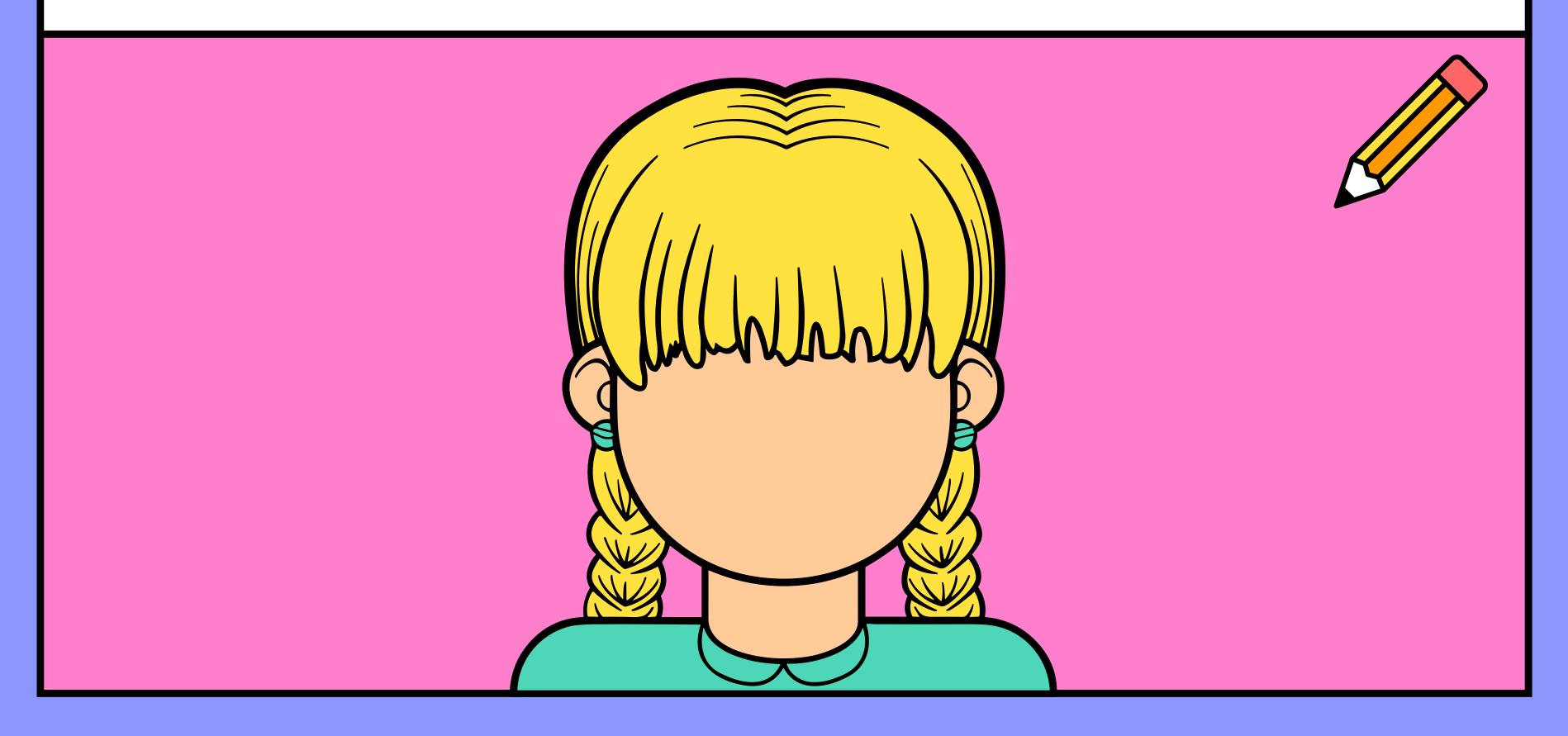
### I feel happy.



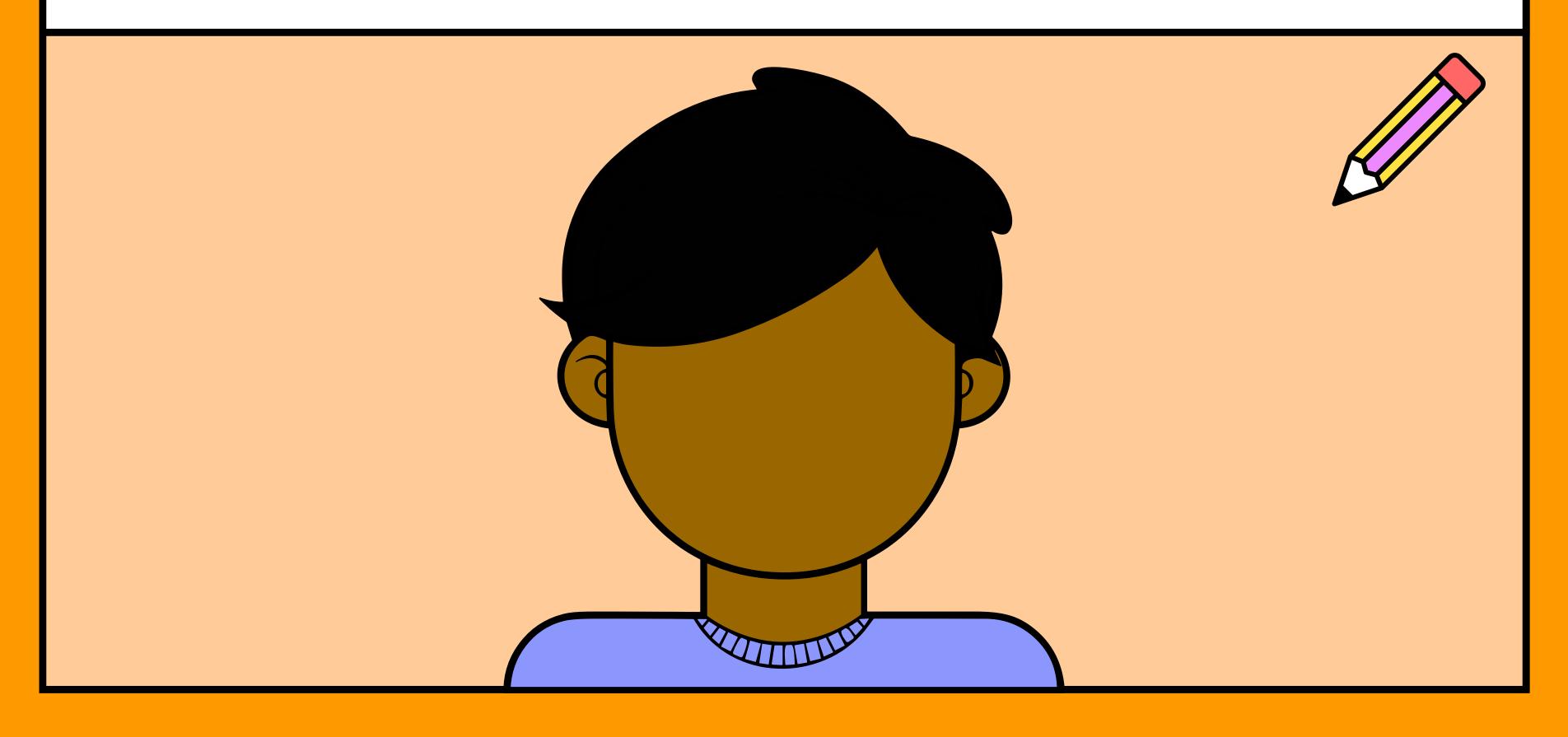
### l feel proud.



### l feel scared.

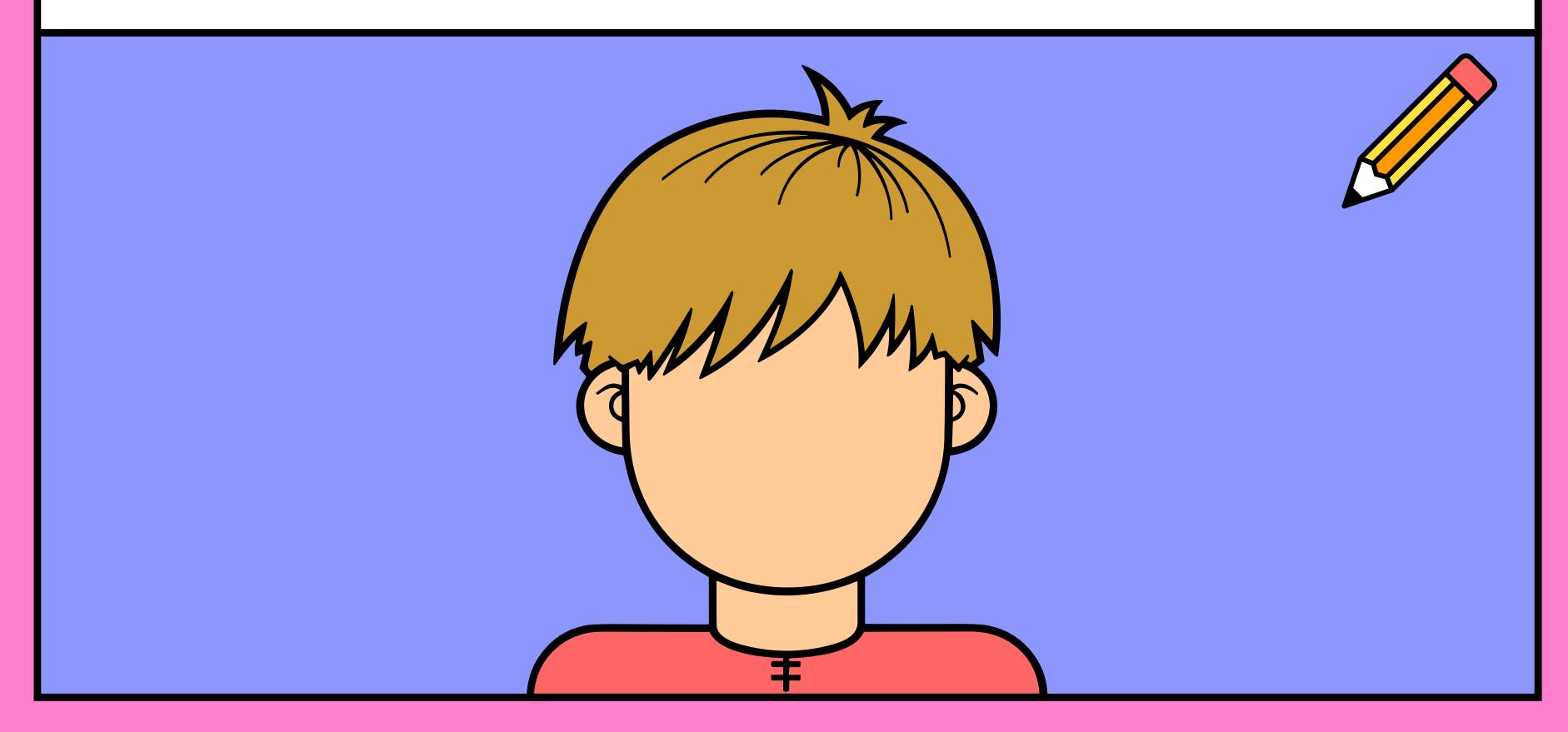


### I feel embarrassed.

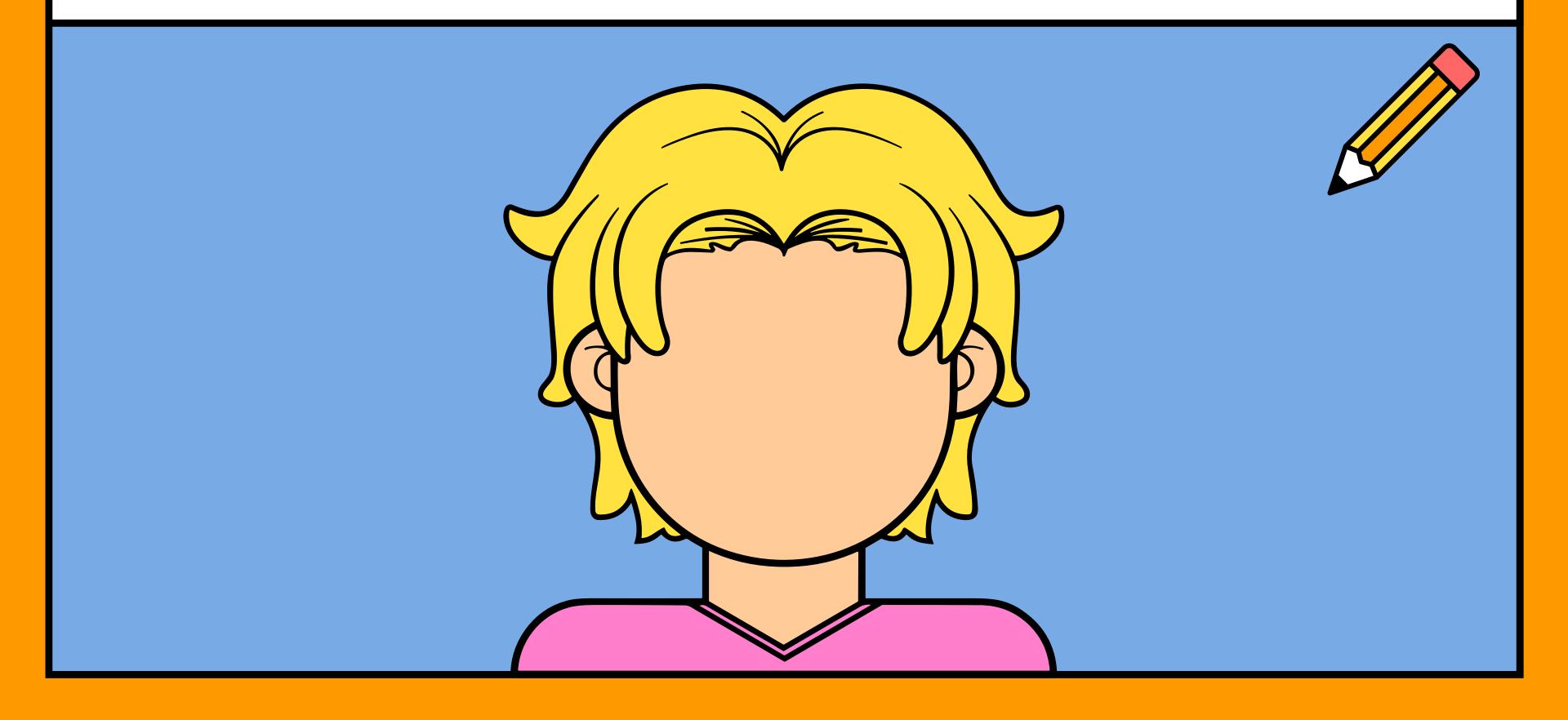


# l feel shocked.

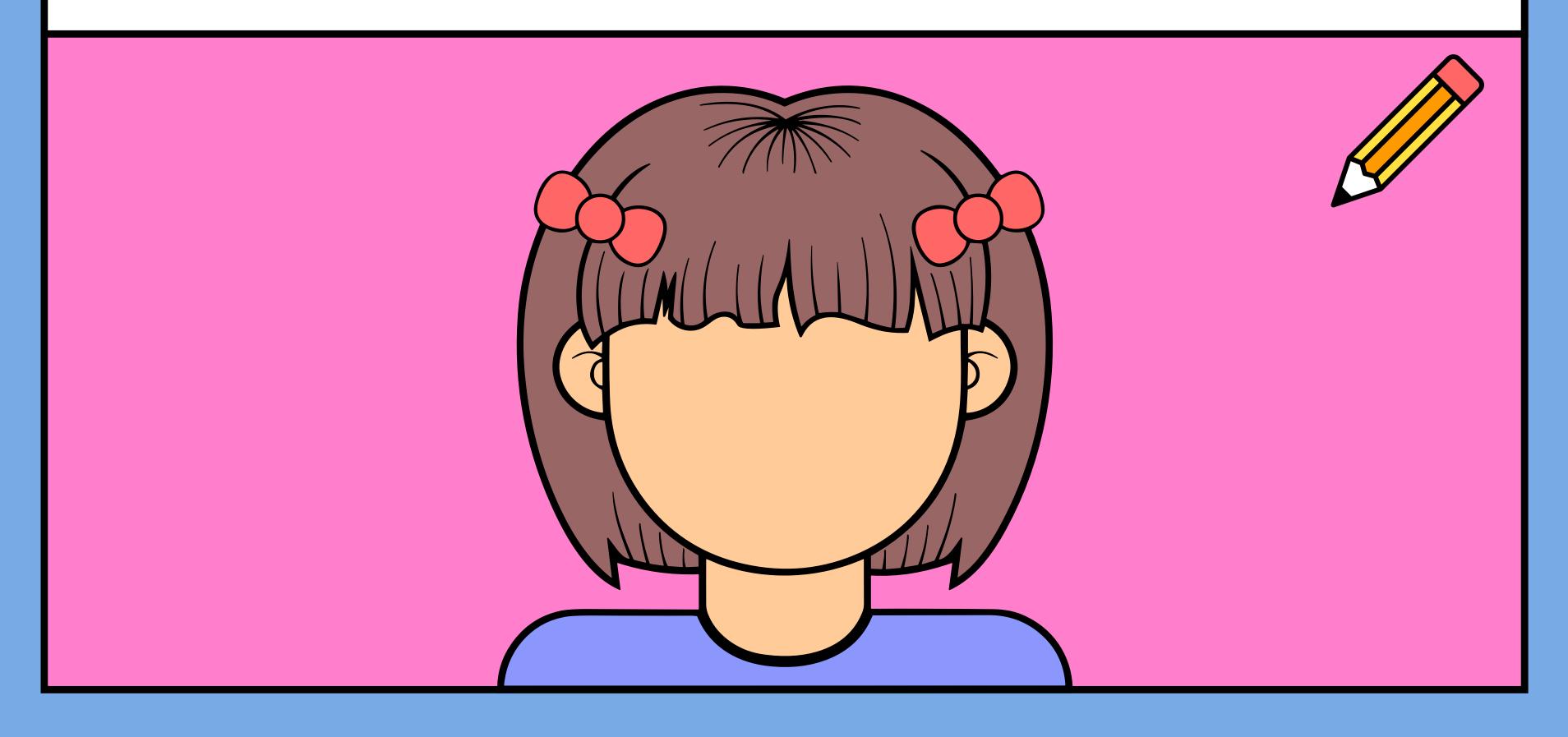
### l feel bored.



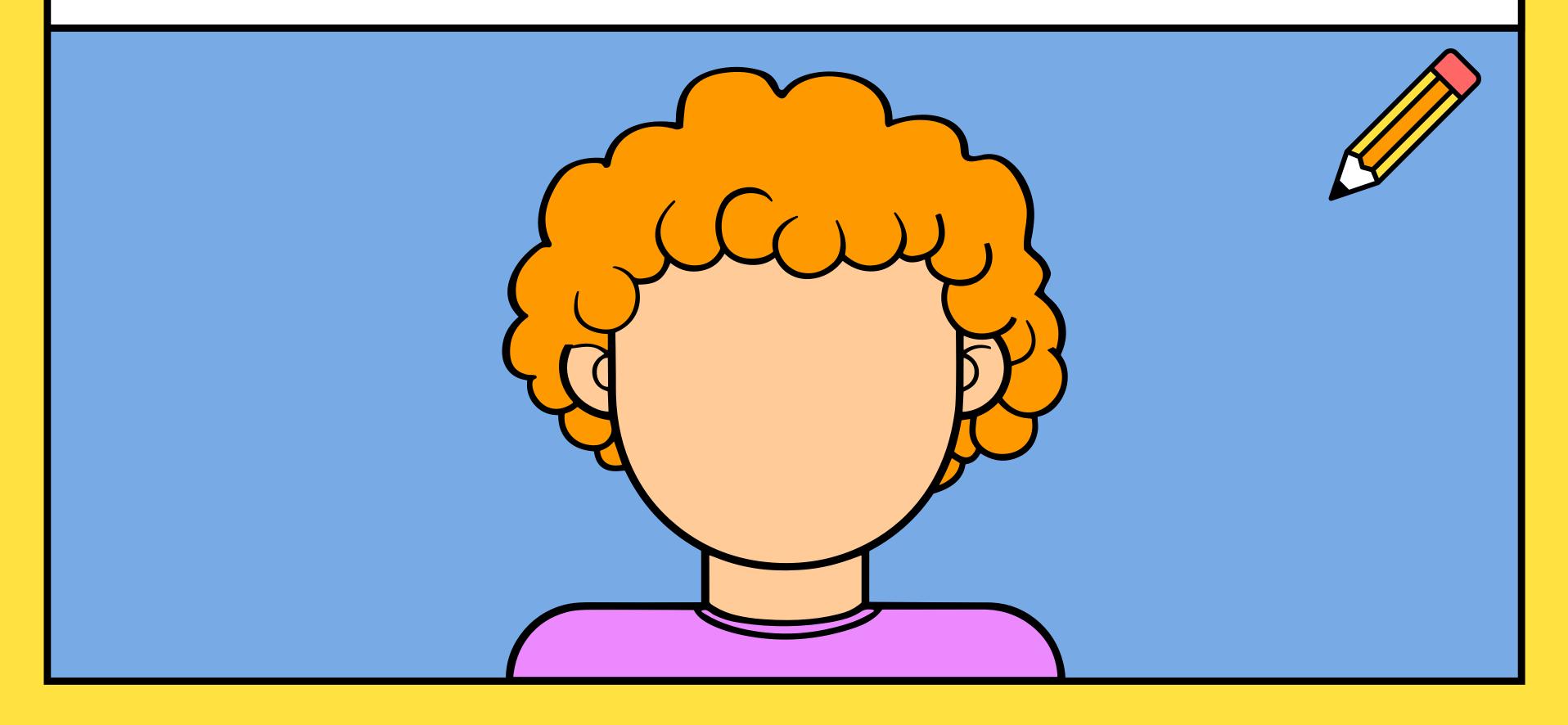
### l feel nervous.



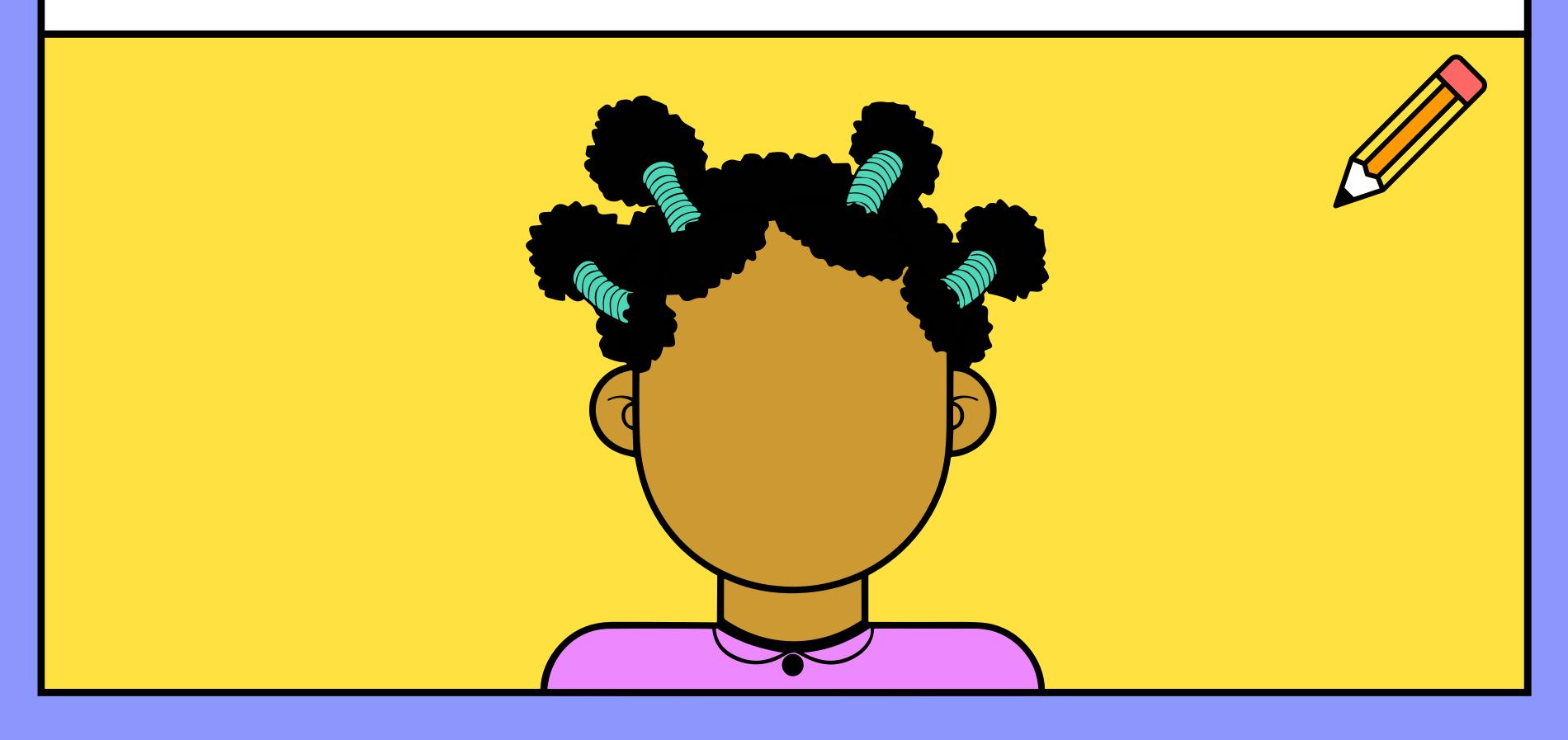
### I feel tired.



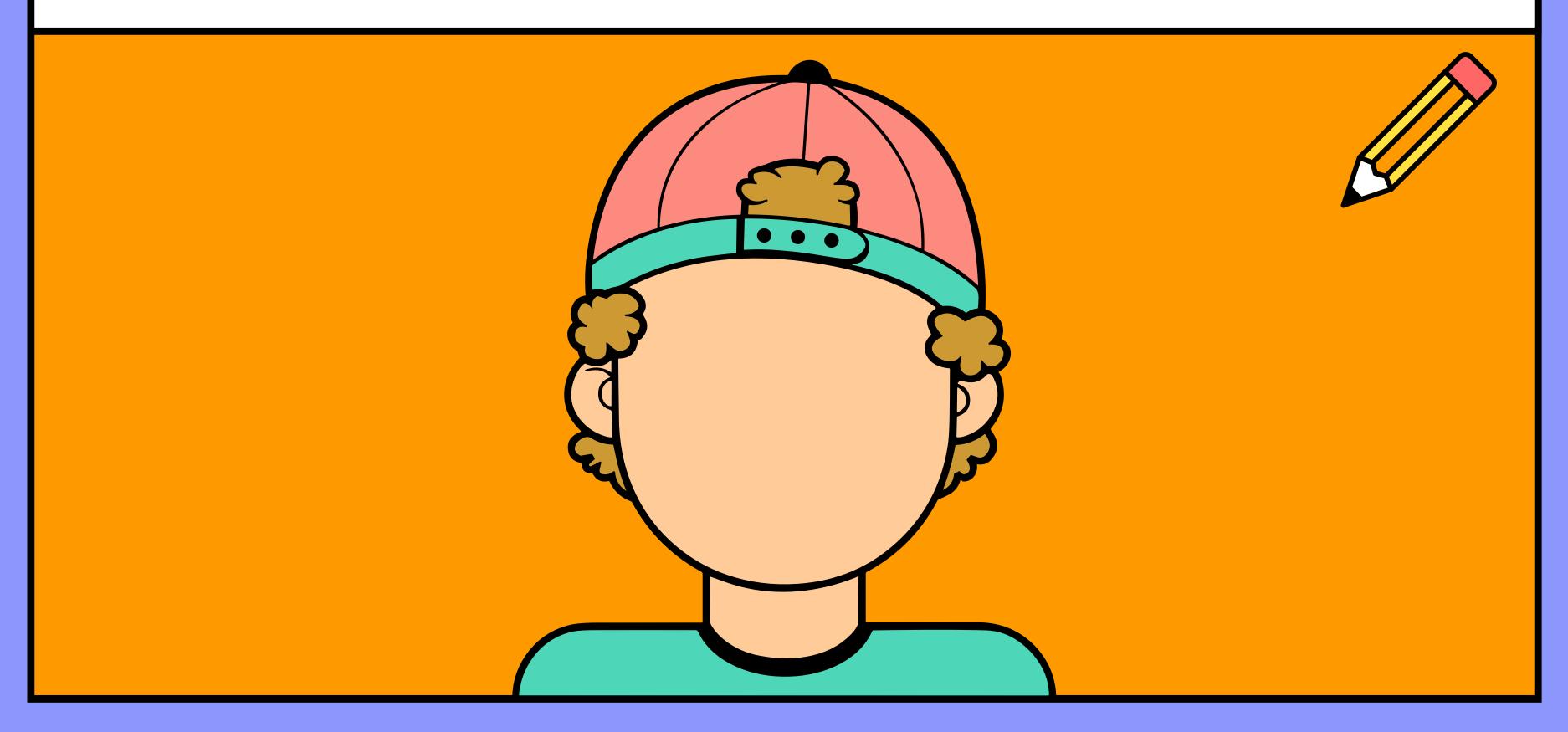
### I feel frustrated.



### l feel worried.



### l feel sad.





Awesome work!

Emotions are a big part of who we are, and it's important to know that all feelings are okay.

Whether you're happy, angry, or nervous, sharing how you feel can help you understand yourself and connect with others.

Remember, talking about your feelings is a sign of strength, and you're never alone.

Keep shining 
→
-Love Bold Kids

