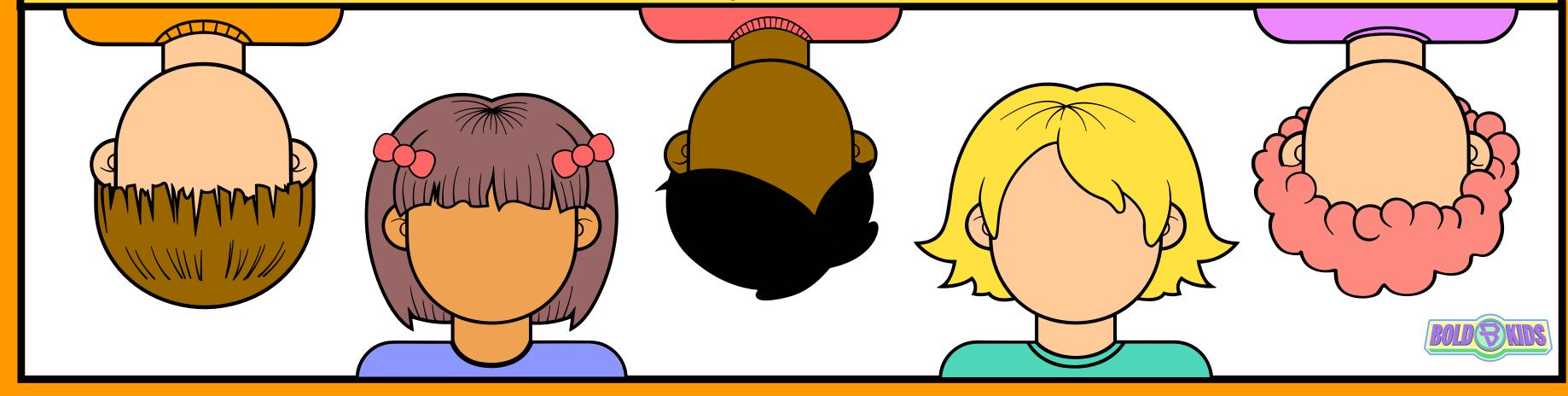
IDENTIFY EMOTIONS

Ages 3-5 years



DIRECTIONS

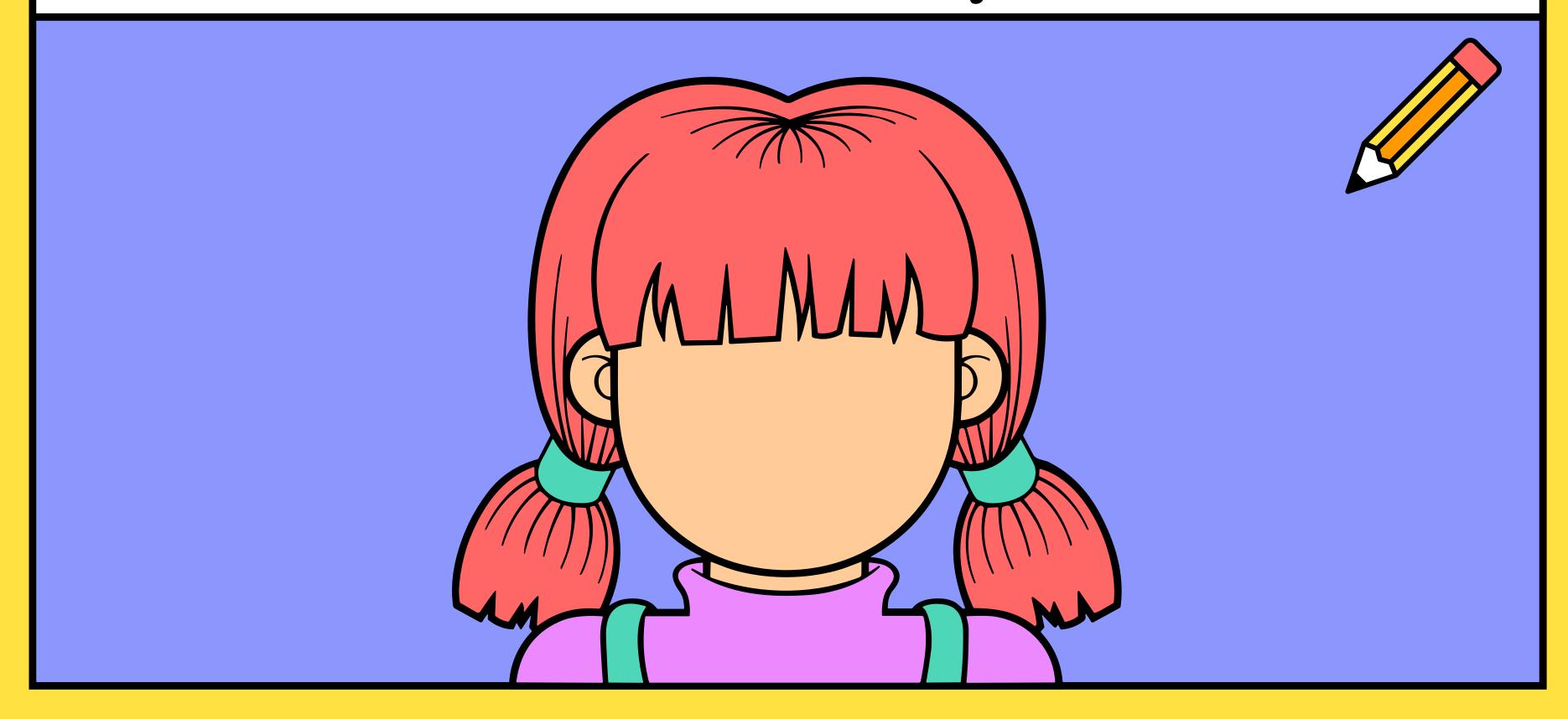
For Younger Kids (Ages 3-5):

- "Draw a face to match the emotion!"

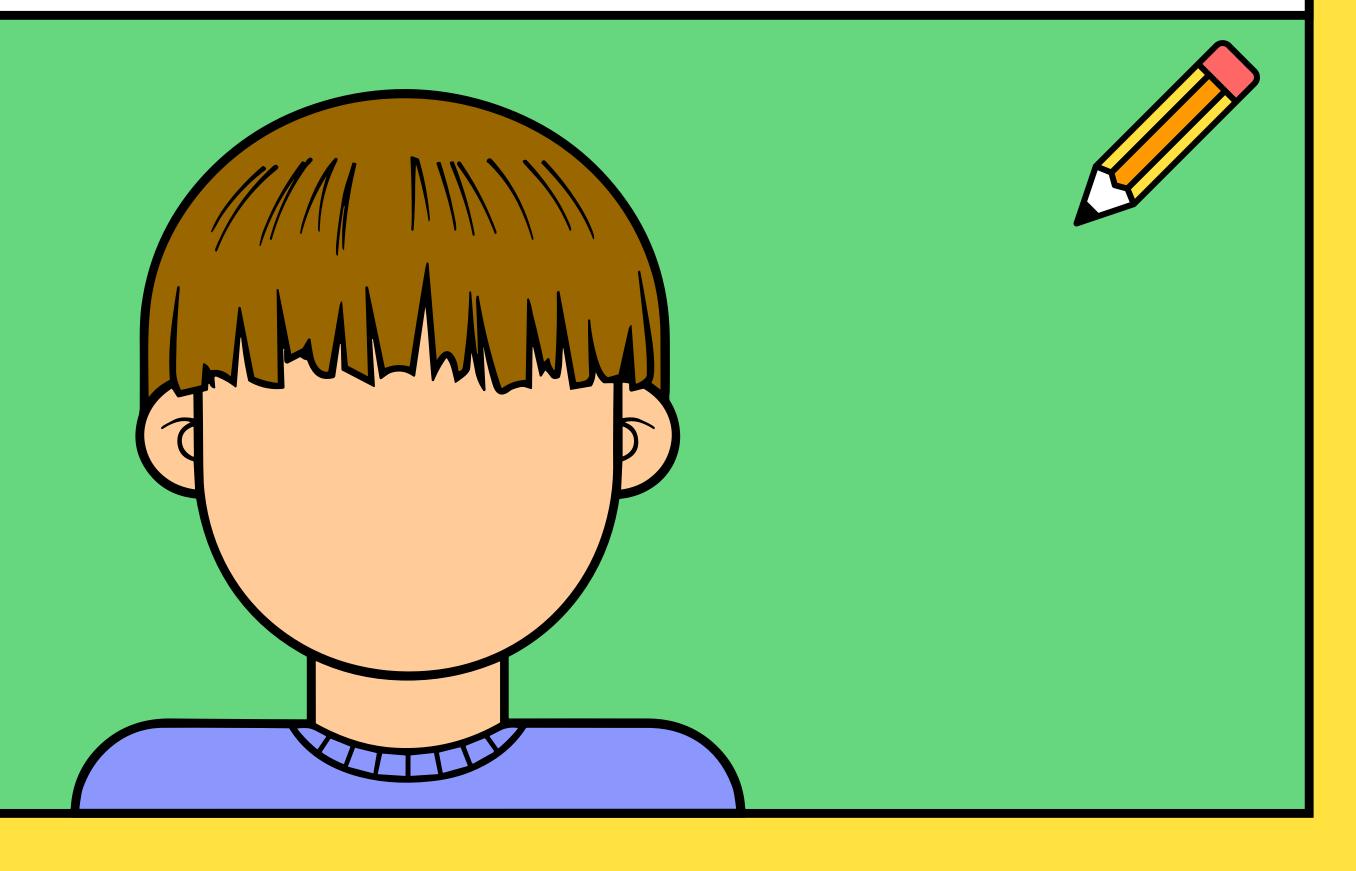
 Show a picture or say an emotion like happy so
- Show a picture or say an emotion, like happy, sad, or surprised.
- · Ask them to draw the face showing how someone feels.
- Keep it simple and focused on recognizing emotions.



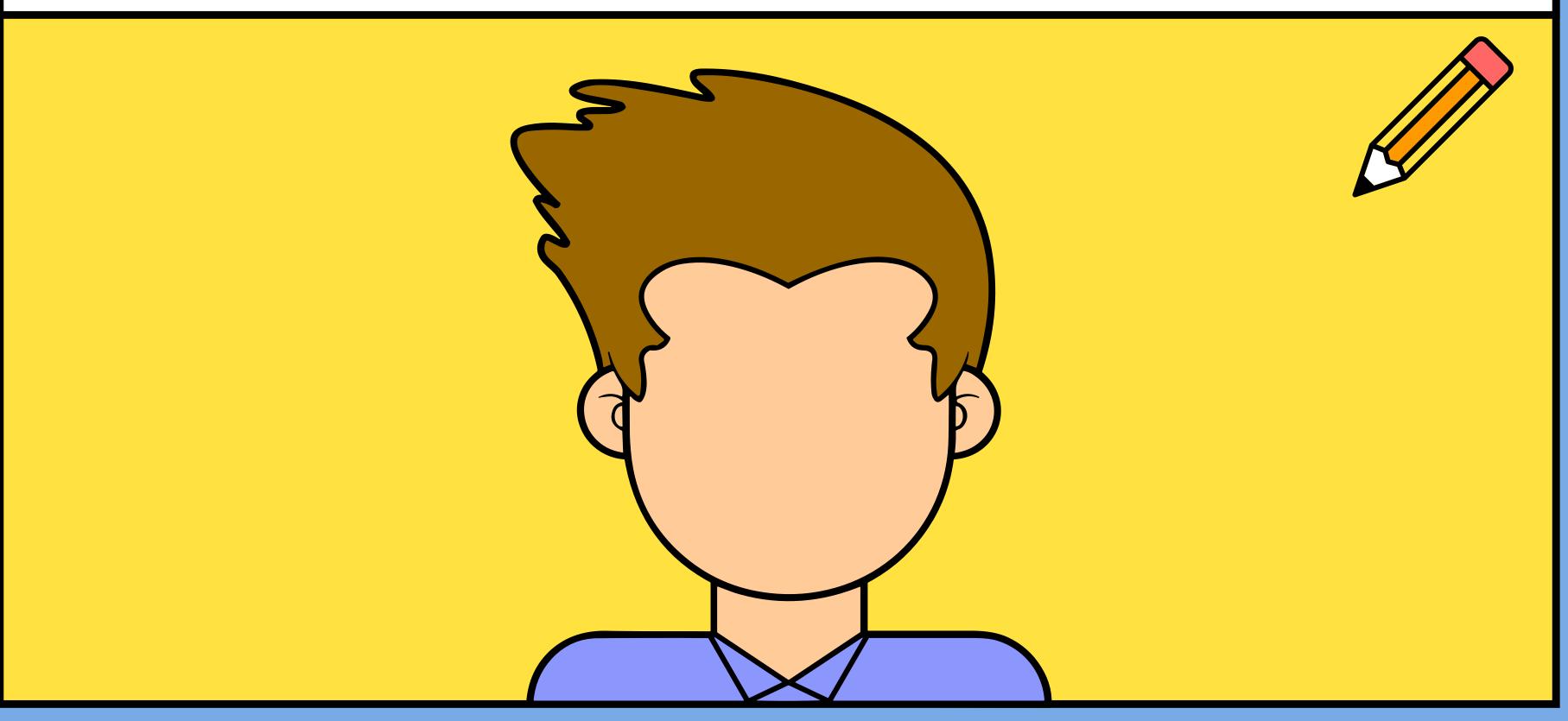
I feel angry.



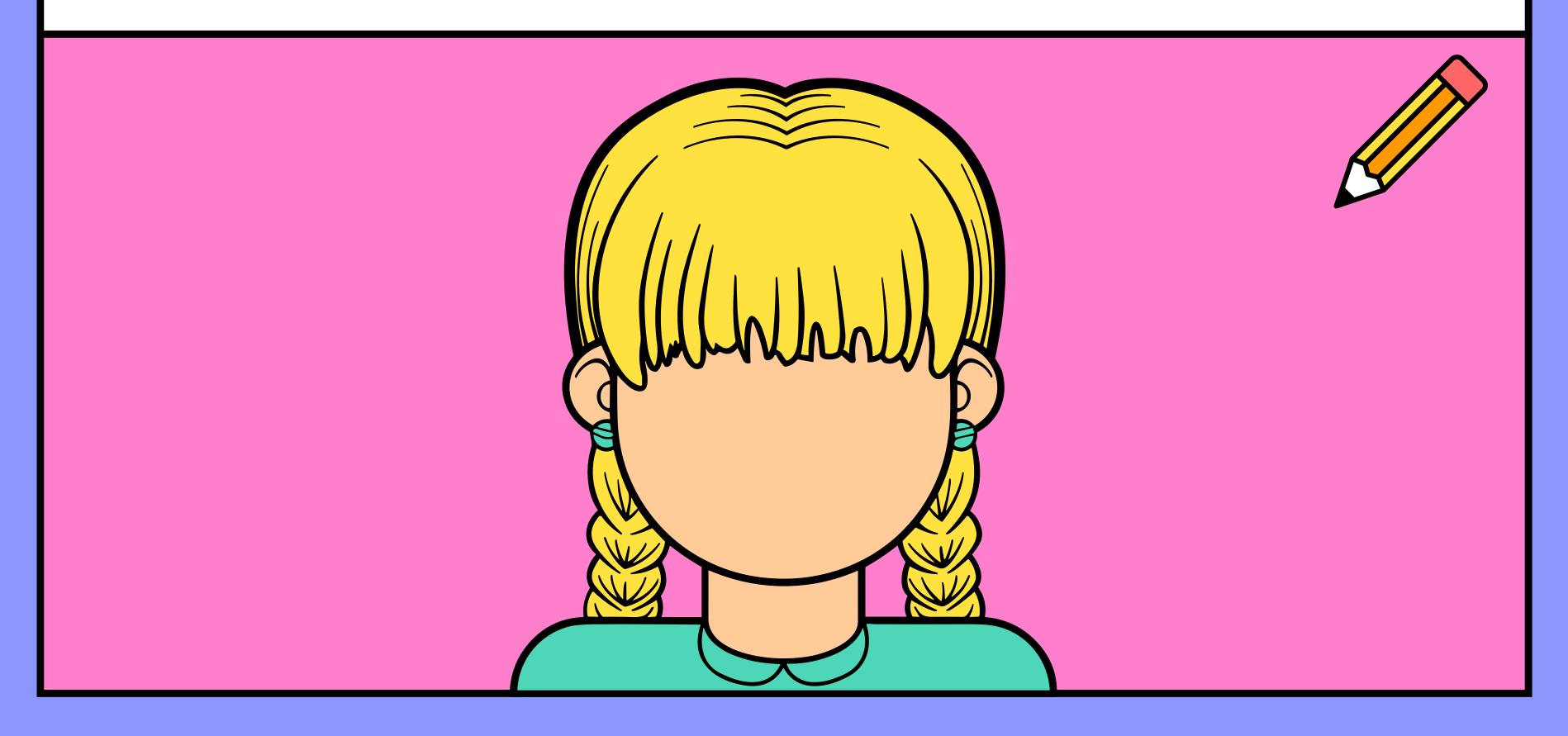
I feel happy.



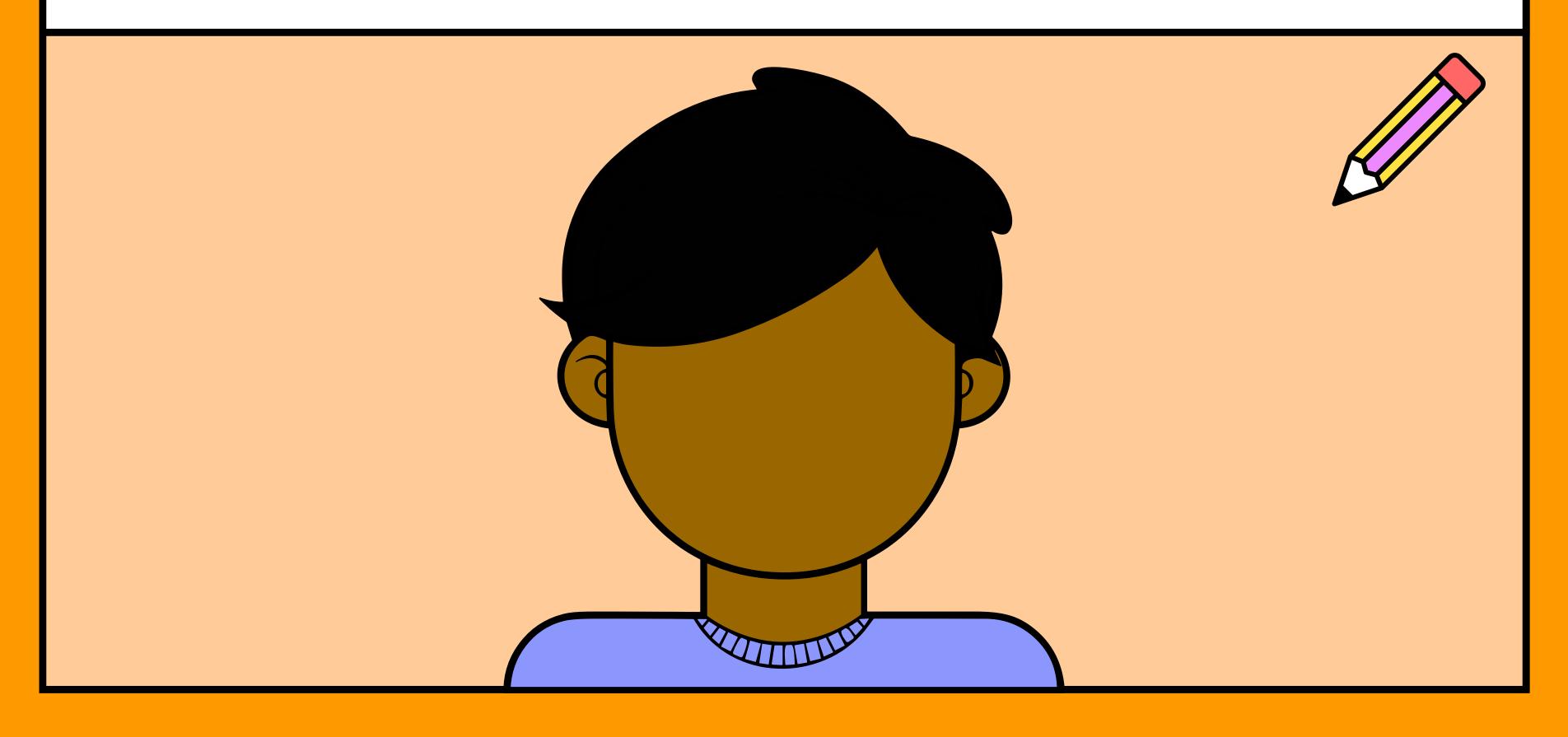
l feel proud.



l feel scared.

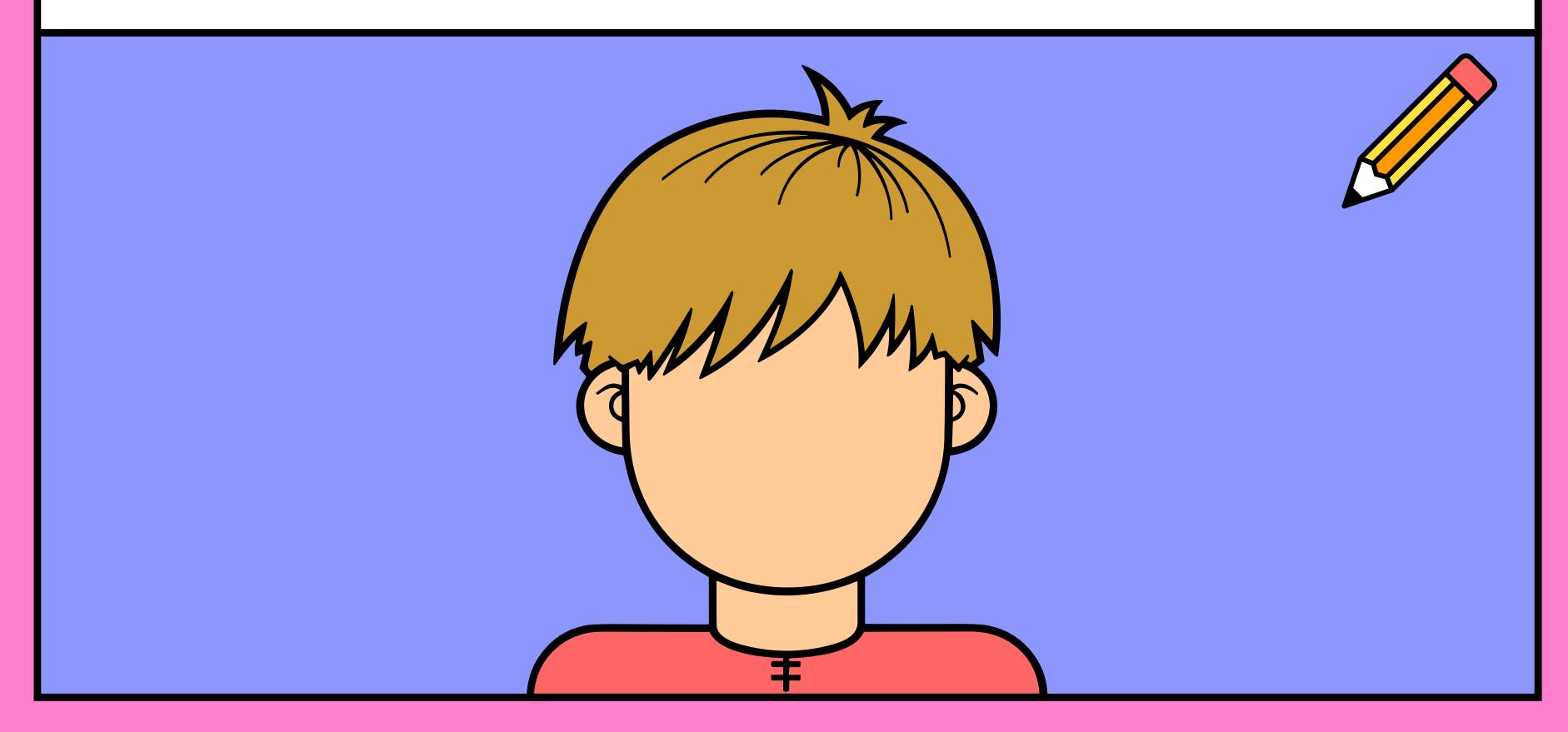


I feel embarrassed.

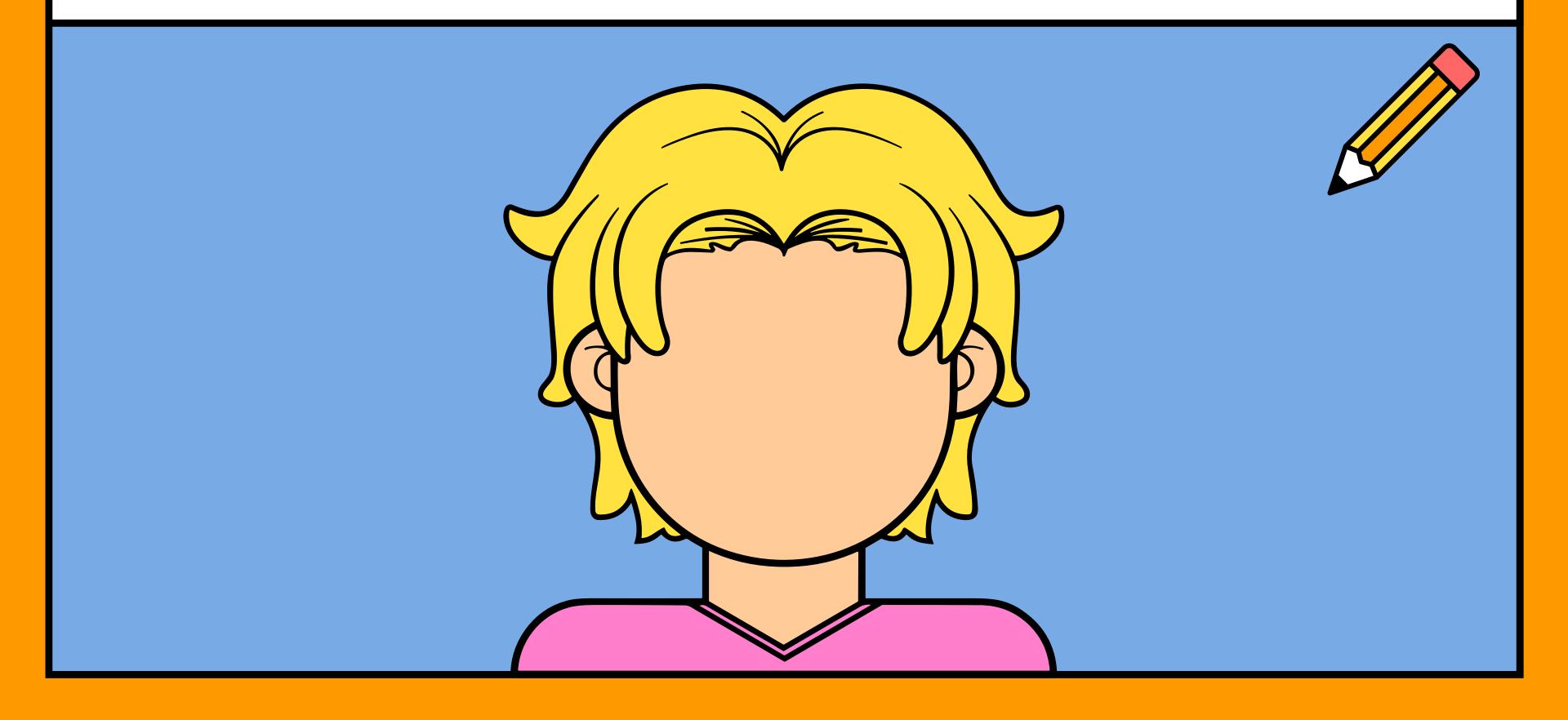


l feel shocked.

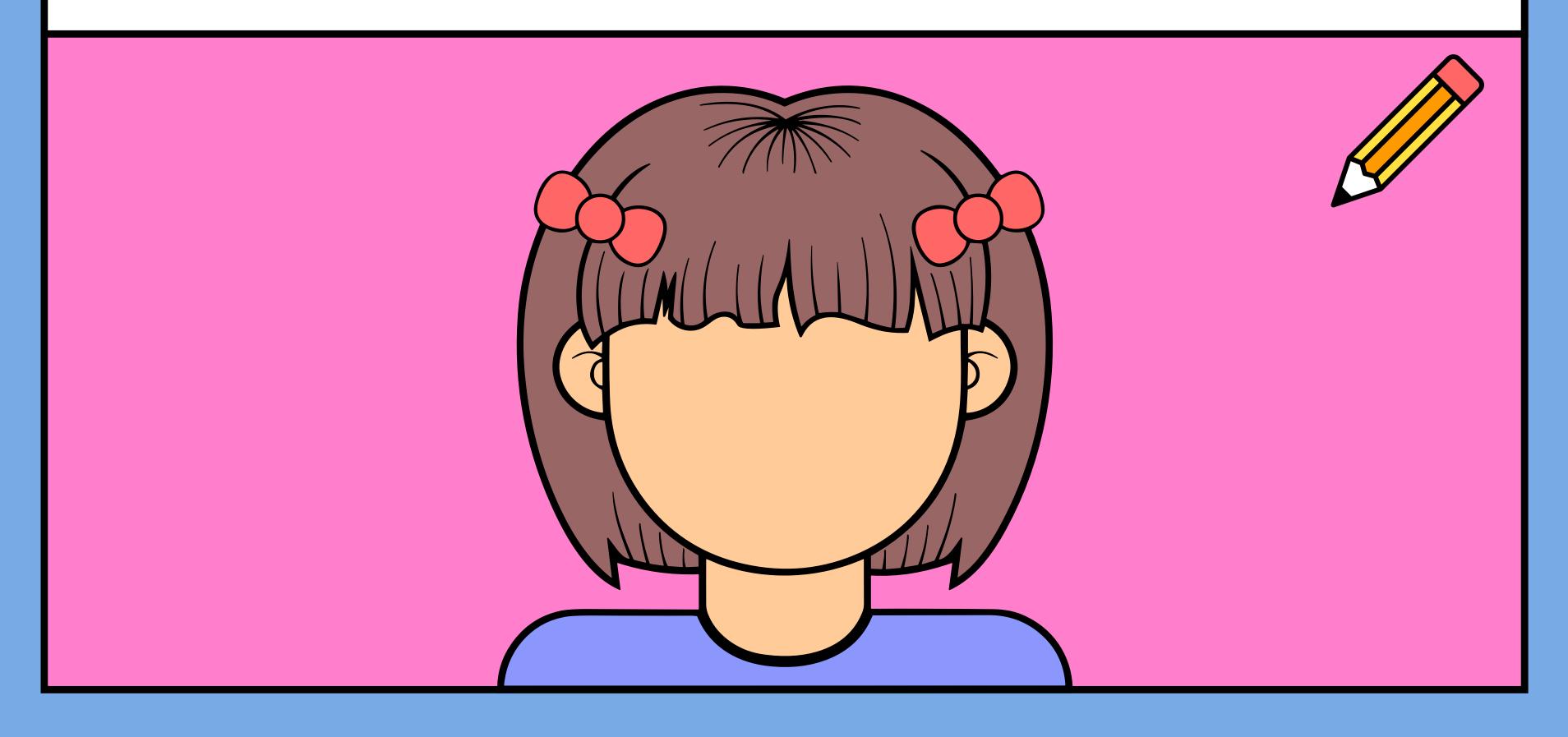
l feel bored.



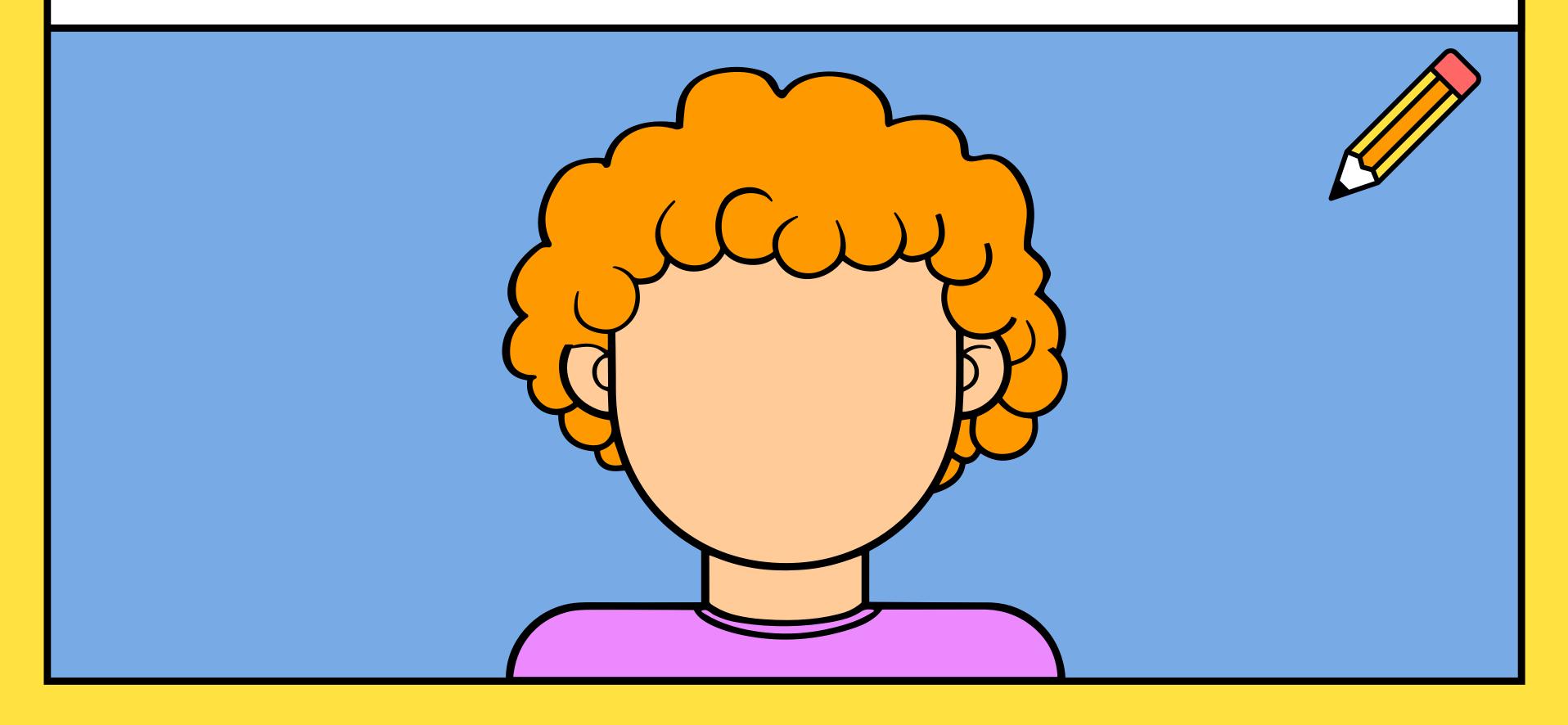
l feel nervous.



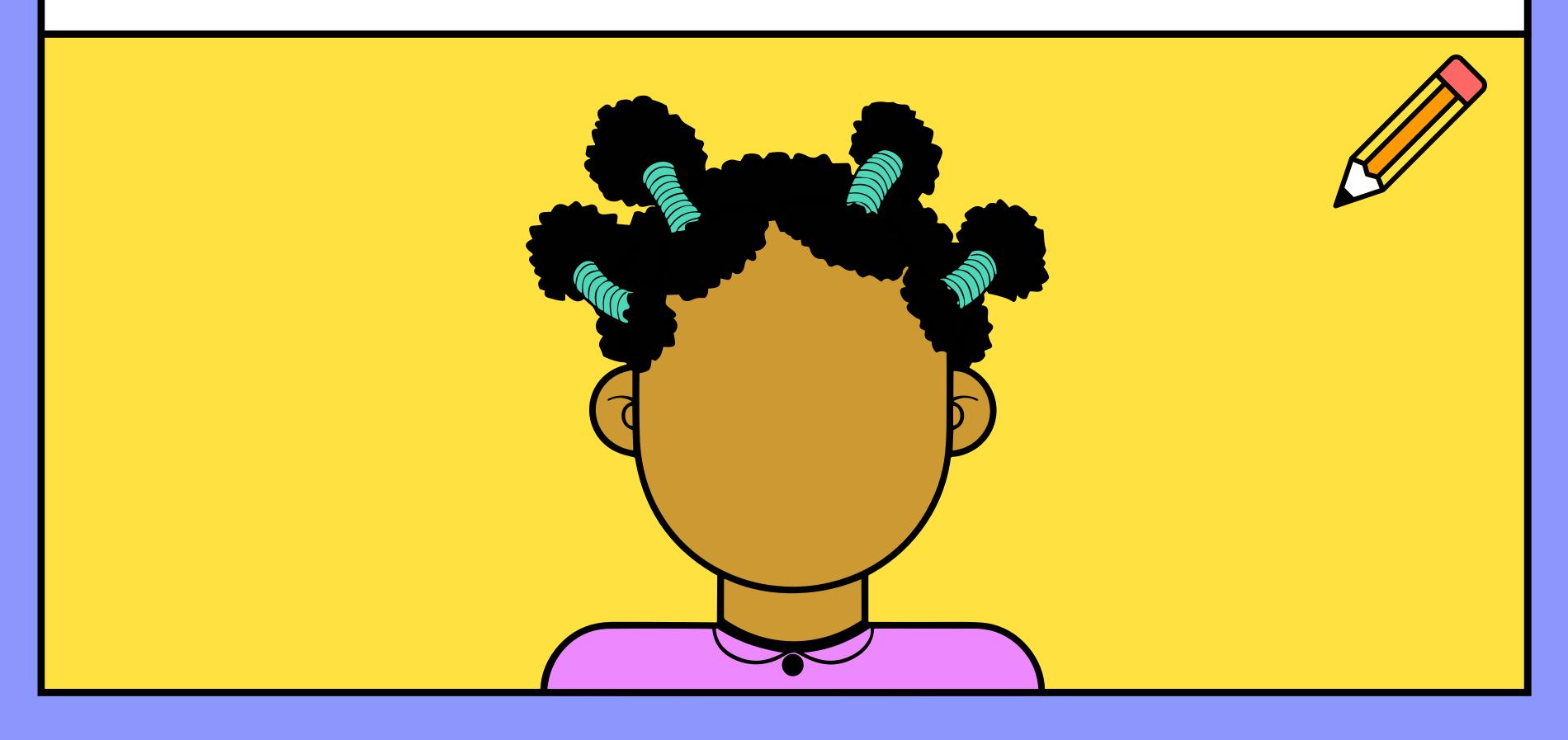
I feel tired.



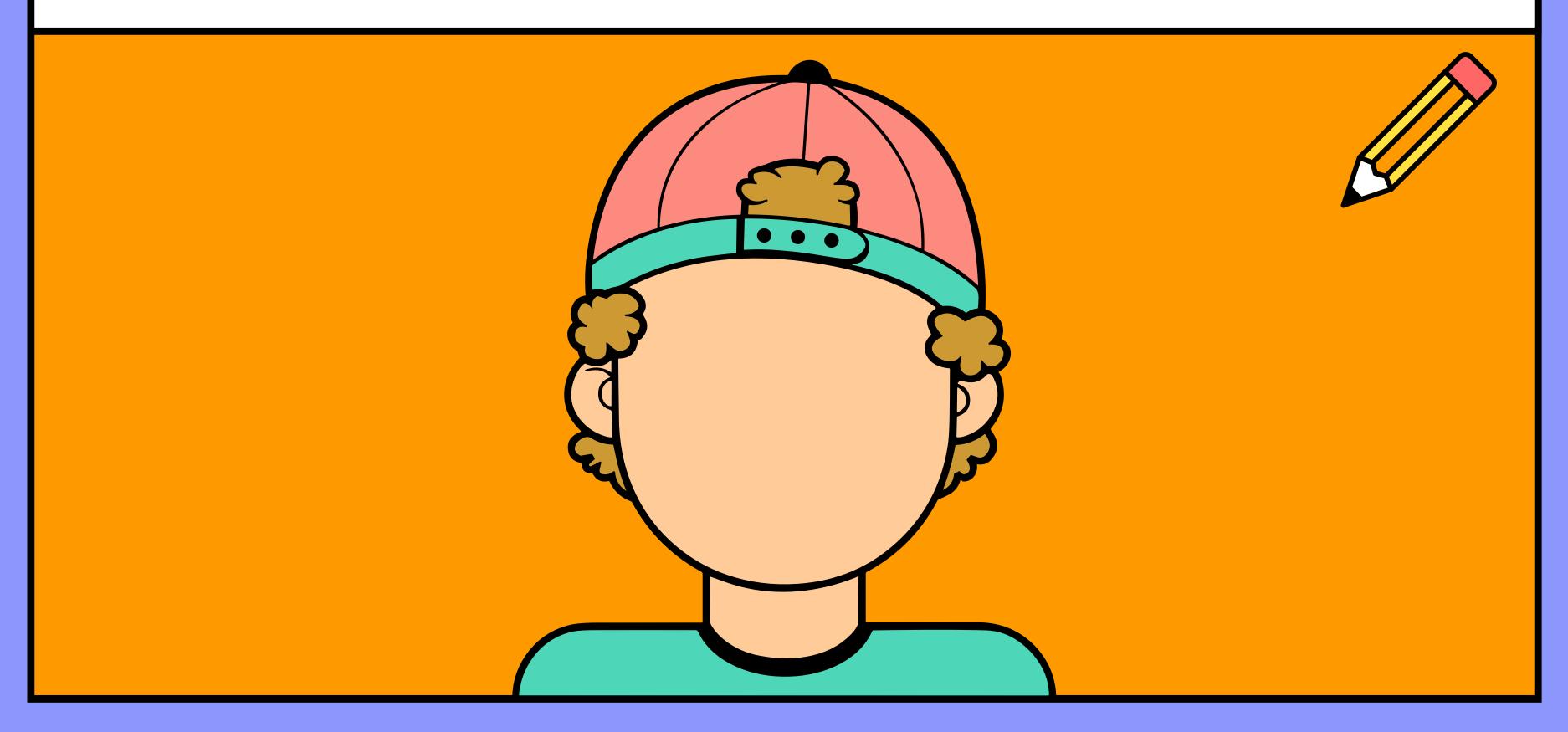
I feel frustrated.



l feel worried.



l feel sad.





Great job, friends!

Emotions are like colours—they make life exciting.

If you feel happy, sad, or even mad, that's okay.

You can always talk to a grown—up or a friend about how you feel.

Remember, it's always okay to have big feelings. You're doing amazing!

—Love Bold Kids

